

Visual Story



A CHANGE IS COMING!

MID LIFE

BRISTOL OLD VIC
THE WESTON STUDIO
WED 12 - FRI 15 FEB
WED 4 - SUN 8 MARCH

BARBICAN CENTRE
THE PIT THEATRE
WED 19 - SAT 22 FEB

@Chelsey.Cliff



- The stage is empty
- A wall of suitcases is at the back



- Sometimes the lights flicker
- Sometimes sounds and music play over the speakers



- **Claire is a 48-year-old, middle class, straight white woman**
- **She has made this show called Mid Life based on her life**



- **Karen is 57 years old white, working-class lesbian**
- **Karen is audio describer for Mid Life**
- **Karen is a frustrated slam poet**



- **Jacqui is a 55-year-old middle class, black woman**
- **Jacqui is the BSL interpreter for Mid Life**
- **She is frustrated by her role**



- **Kandaka is a young black woman**
- **The other women cannot always see Kandaka**
- **Kandaka sings and dances**



● **Kandaka guides Claire, Karen and Jacqui through the feelings of mid life**



- The women feel very anxious



- The women feel menopause symptoms



● The women feel rage



- They share how they feel about sex



- The women feel loss and grief



- The women remember things that make them happy



● All the women start to disco dance



- **The disco music is loud**
- **The audience joins in dancing**



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